Resveratrol Preserves Myocardial Function and Perfusion in Remote Nonischemic Myocardium in a Swine Model of Metabolic Syndrome

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BACKGROUND: Resveratrol has been shown to reverse some of the detrimental effects of metabolic syndrome (MetS). We sought to define the impact of supplemental resveratrol on normal myocardium remote from an ischemic territory in a swine model of MetS and chronic myocardial ischemia.

STUDY DESIGN: Yorkshire swine were fed a normal diet (control), a high cholesterol diet (HCD), or a high cholesterol diet with orally supplemented resveratrol (HCD-R; 100 mg/kg/day). Four weeks after diet modification, myocardial ischemia was induced by ameroid constrictor placement. Seven weeks later, myocardial tissue from a territory remote from the ischemia was harvested. Animals in the HCD and HCD-R groups underwent functional cardiac MRI before ischemia and before sacrifice. Tissue was harvested for protein expression analysis.

RESULTS: After 7 weeks of ischemia, regional left ventricular systolic function was significantly increased in HCD-R as compared with HCD animals. During ventricular pacing the HCD group had significantly decreased flow (p = 0.03); perfusion in the HCD-R was preserved as compared with the control. There was no difference in microvascular relaxation. Expression of metabolic proteins Sirt-1 (p = 0.002), AMPkinase (p = 0.02), and carnitine palmitoyltransferase-I (p = 0.002) were upregulated in the HCD-R group. Levels of protein oxidative stress were significantly increased in the HCD and HCD-R groups, as compared with the controls (p = 0.003). Activated endothelial nitric oxide synthase (eNOS) was increased in the HCD-R group (p = 0.01). There was no difference in myocardial endothelial cell density between the groups; however, dividing endothelial cells were decreased in the HCD and HCD-R groups (p = 0.006).

CONCLUSIONS: Resveratrol supplementation improves regional left ventricular function and preserves perfusion to myocardium remote from an area of ischemia in an animal model of metabolic syndrome and chronic myocardial ischemia. (J Am Coll Surg 2012;215:681–689. © 2012 by the American College of Surgeons)

The prevalence of obesity and metabolic syndrome (MetS) is increasing in the developed world. MetS is defined by the constellation of obesity, dyslipidemia, hypertension, insulin resistance, and increased serum proinflammatory markers. Each component of MetS increases the risk of symptomatic coronary artery disease, but the presence of all components in an individual patient is thought to further increase the risk. A recent prospective observational study of nondiabetic middle-aged men showed that obesity and MetS were associated with an increased risk of death from a cardiovascular event (myocardial infarction, stroke, or heart failure). Normal weight patients with MetS had a hazard ratio of 1.63, obese patients without MetS had a hazard ratio of 1.95, and obese patients with MetS demonstrated a 2.55-fold increased risk for death from cardiovascular events as compared with normal weight patients without MetS.
Left ventricular systolic dysfunction in the setting of insulin resistance and diabetes leads to remodeling and potential heart failure, attributed in part to a shift in myocardial energy sources. Further, the diseases that comprise MetS lead to impaired myocardial angiogenesis through decreased expression of proangiogenic factors such as vascular endothelial growth factor (VEGF), and increased expression of antiangiogenic factors such as angiostatin and endostatin. 4,5 Modifying the global burden of these diseases on the myocardium may decrease the risk of a cardiovascular event or improve the ability to tolerate ischemia.

Resveratrol is a polyphenol found in high concentrations and thought to impart some of the beneficial properties of red wine. 6 It is thought that the higher concentration in red wine is due to the fermentation of the juice with the rest of the grape, as resveratrol is in highest concentration in the skin and seeds. This supplement has been shown in cultured cell and small animal models to reverse the detrimental effects of MetS and improve endothelial dysfunction and myocardial function.7,8

At this time, little is known regarding the effects of resveratrol on normal myocardium remote from an ischemic territory. We sought to define the impact of supplemental resveratrol on myocardial perfusion and function, microvascular reactivity, myocardial metabolism, and the angiogenic potential in a swine model of MetS and chronic myocardial ischemia. We hypothesized that in a clinically relevant large animal model of MetS and chronic ischemia, high-dose resveratrol would improve the detrimental effects of MetS and preserve myocardial function and metabolism.

METHODS
Animal model
Yorkshire miniswine (Parsons Research) were fed 1 of 3 diets throughout the 11-week experiment. Group 1 was given 500 g of a hypercholesterolemic diet daily (HCD, n = 7) (2,248 kcal/day) composed of 4% cholesterol, 17.2% coconut oil, 2.3% corn oil, 1.5% sodium cholate, and 75% regular chow. Group 2 was fed the same hypercholesterolemic diet supplemented with 100mg/kg/day of resveratrol (ChromaDex) (HCD-R, n = 7). Group 3 was fed regular chow (control, n = 7, 1,824 kcal/day). There have been concerns about the bioavailability of orally delivered resveratrol, and some studies have shown low systemic concentrations.9 So we chose a higher dose in an attempt to achieve adequate cardiac tissue levels.

After 4 weeks of dietary modification, all animals underwent ameroid constrictor placement on the proximal left circumflex coronary artery (LCx) using previously reported methods.10 Briefly, anesthesia was induced with ketamine (10mg/kg intramuscular) and thiopental 2.5%, and maintained with a gas mixture of oxygen at 1.5 – 2 L/minute and 3.0% isoflurane. The pericardium was opened through a left mini-thoracotomy, and a titanium ameroid constrictor (1.75 mm internal diameter) was placed around the proximal LCx. This device is designed to produce myocardial ischemia without causing infarction.

Seven weeks after ameroid placement, swine were again anesthetized for a cardiac magnetic resonance imaging (CMR) study. The heart was then exposed through a median sternotomy and physiologic measurements were taken, followed by euthanasia. Myocardial tissue was harvested for study. The nonischemic myocardial tissue was defined as the 1cm3 of tissue surrounding the left anterior descending coronary artery (LAD) at the midpapillary level.

The study was approved by the Beth Israel Deaconess Medical Center Institutional Animal Care and Use Committee. Animals were cared for in compliance with the Harvard Medical Area Institutional Animal Care and Use Committee and in accordance with the “Principles of Laboratory Animal Care” formulated by the National Society for Medical Research and the “Guide for the Care and Use of Laboratory Animals” (NIH publication no. 5377-3 1996).

Myocardial perfusion analysis
Myocardial perfusion was determined during each procedure with isotope-labeled microspheres, 15 μm diameter (BioPAL) using previously reported methods.4 Briefly, 1.5 × 107 gold-labeled microspheres were injected during temporary LCx occlusion at the time of ameroid placement to identify the area at risk. Labeled microspheres were also injected at the final procedure during rest and ventricular pace (150 beats/minutes) conditions. After euthanasia, 10 transmural left ventricular (LV) sections were collected for assay. The samples were exposed to neutron beams and microsphere densities were measured using a gamma counter.

Abbreviations and Acronyms

<table>
<thead>
<tr>
<th>Abbreviation</th>
<th>Description</th>
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<tr>
<td>AMPK</td>
<td>AMP-activated protein kinase</td>
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<tr>
<td>CMR</td>
<td>cardiac magnetic resonance imaging</td>
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<td>GLUT</td>
<td>glucose transporter</td>
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<td>HCD</td>
<td>high cholesterol diet</td>
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<tr>
<td>HCD-R</td>
<td>high cholesterol diet + resveratrol</td>
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<tr>
<td>LAD</td>
<td>left anterior descending coronary artery</td>
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<td>LCx</td>
<td>left circumflex coronary artery</td>
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<td>LV</td>
<td>left ventricle</td>
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<td>MetS</td>
<td>metabolic syndrome</td>
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<td>VEGF</td>
<td>vascular endothelial growth factor</td>
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Cardiac magnetic resonance imaging

Animals in the HCD and HCD-R groups underwent CMR study using a 1.5T Philips Achieva scanner (Philips Healthcare) with a 5-element cardiac phased-array receiver coil before placement of the ameroid (pre) and before sacrifice (post) 7 weeks later. Left ventricular function was evaluated by free-breathing cine short axis steady-state free processing (SSFP) cine images covering the entire LV and a free-breathing phase contrast velocity map in the ascending aorta. Cardiac magnetic resonance imaging tagging was performed to evaluate dys-synchrony and local LV myocardial function using 3 short axis slices with a spiral complementary spatial modulation of magnetization sequence. Images were analyzed using a MATLAB (The Mathworks) program. Each LV slice was divided into 6 segments and the circumferential strain of each segment was analyzed. The values obtained represent the amount of regional myocardial contraction in the mid-papillary anterior region contributing to the overall LV ejection fraction. Comparisons of the anterior segment myocardial function were made between the HCD and HCD-R groups before induction of ischemia and again after 7 weeks of ischemia.

X-ray coronary angiography

X-ray coronary angiography was performed before each animal sacrifice in order to ensure occlusion of the LCx and assess collateral formation. Images were interpreted by an interventional cardiologist blinded to the treatment groups.

Microvascular responses

After cardiac harvest, coronary arterioles (80 to 180 μm in diameter) from the left anterior descending (LAD) territory were placed in isolated microvessel chambers. Vessels were preconstricted by 25% to 50% of the baseline diameter with the thromboxane A₂ analog, U46619 (10⁻⁶ M). The microvascular responses to sodium nitroprusside (10⁻⁹ to 10⁻⁴ mol/L, an endothelium-independent vasodilator), substance P (SubP, 10⁻¹² to 10⁻⁷ mol/L, an endothelium-dependent vasodilator), adenosine diphosphate (ADP, 10⁻¹² to 10⁻⁷ mol/L, an endothelium-dependent vasodilator), and vascular endothelial growth factor (VEGF, 10⁻¹⁵ to 10⁻¹⁰ mol/L, an endothelium-dependent vasodilator) were evaluated. All reagents were obtained from Sigma-Aldrich.

Immunoblotting studies

Whole-cell lysates were isolated from homogenized myocardial samples from the normal myocardium with radioimmunoprecipitation assay buffer (Boston Bioproducts). Sixty micrograms of total protein were fractionated by sodium dodecyl sulfate-polyacrylamide gel electrophoresis (SDS-PAGE, Invitrogen) and transferred to polyvinylidene difluoride (PVDF) membranes (Millipore). Each membrane was incubated with specific primary antibodies (Cell Signaling). Immune complexes were visualized with enhanced chemiluminescence (Amersham). Bands were quantified by densitometry of autoradiograph films. Porcine staining was used to ensure equal protein loading.

Protein oxidative stress

Dinitrophenylhydrazine-derivatized myocardial tissue homogenates were fractionated by 10% PAGE and transferred to PVDF membranes (Chemicon International, Inc. Temecula, CA). Membranes were incubated with specific primary antibody, followed by incubation with secondary antibody using the OxyBlot protein oxidation detection kit (Millipore). Immune complexes were visualized with the enhanced chemiluminescence detection system (Amersham).

Immunofluorescence

Frozen sections of nonischemic myocardium were fixed in acetone and blocked. Anti-CD31 and Ki67 primary antibodies were applied (Epitomics). Slides were washed and secondary antibody was applied (Jackson Immunoresearch). Slides were mounted with 4’,6-diamidino-2-phenylindole (DAPI) and viewed with a confocal microscope. Photomicrographs were taken with a Zeiss Axioslab microscope (Carl Zeiss Inc) equipped with a digital camera (Photodoc).

Data analysis

All data are presented as mean ± standard error of the mean (SEM). Microvessel responses are expressed as percent relaxation of the preconstricted diameter and were analyzed using a 2-way, repeated-measures analysis of variance (ANOVA) with Bonferroni correction, which was applied to interactions of treatment and dose. Cardiac magnetic resonance imaging data are compared using 2-tailed Student’s t-test. Western blots were analyzed after digitalization of x-ray films using a flatbed scanner (ScanJet 4c; Hewlett-Packard) and NIH ImageJ 1.40g software (National Institute of Health). Levels of phosphorylated proteins were normalized to total levels. Comparisons between groups were analyzed by 1-way ANOVA with a Newman-Keuls Multiple Comparison post-hoc test.

RESULTS

Experimental model

The amerois led to complete (100%) occlusion of the LCx in all animals. There was no gross evidence of myocardial
infarction in any of the animals. There was 1 death in the control group and 1 in the HCD-R group. All groups had similar body mass indices at the time of the ameroid placement (p = 0.11). Immediately before sacrifice, animals in the HCD group were significantly larger (control, 28 ± 1.2 kg/m²; HCD, 36 ± 1.3 kg/m²; HCD-R, 31 ± 1.4 kg/m²; p = 0.001). The HCD group had significantly higher levels of total cholesterol as compared with the control and HCD-R groups (control, 79.9 ± 0.1 mg/dL; HCD, 390 ± 53 mg/dL; HCD-R, 261 ± 54 mg/dL; p < 0.001). Thirty minutes postdextrose infusion, the HCD group had blood glucose levels significantly higher than the control and HCD-R groups (control, 108 ± 7 mg/dL; HCD, 171 ± 6 mg/dL; HCD-R, 132 ± 14 mg/dL; p = 0.002). There was no statistical difference in blood glucose levels between the HCD-R group and the control groups.

Cardiovascular magnetic resonance imaging

Global LV systolic function was similar between groups at the conclusion of the study (HCD, 45.9% ± 4.4%; HCD-R, 48.5% ± 6.9%, p = 0.6). Comparisons of regional function were made by analyzing the differences in the amount of muscle contraction in each region before placement of the ameroid with the amount of contraction at the end of the experiment in the HCD and HCD-R groups. Regional wall motion analysis using CMR circumferential strain demonstrated no difference in anterior wall function between the HCD and HCD-R groups at baseline (p = 0.7). After 7 weeks of ischemia, the anterior wall function is significantly increased in the HCD-R group as compared with the HCD group (*p = 0.01). HCD, high cholesterol diet; HCD-R, high cholesterol diet with orally supplemented resveratrol.
0.58; HCD-R pre, 9% ± 0.7%, HCD-R post, 12% ± 0.5%, \( p = 0.006 \).

**Myocardial perfusion**

Blood flow to the nonischemic myocardium was similar between the groups at rest (control, 0.11 ± 0.02 mL/min/g; HCD, 0.14 ± 0.04 mL/min/g; HCD-R, 0.14 ± 0.03 mL/min/g) (Fig. 2A). During ventricular pacing, both the control and HCD-R groups had increased flow, while the HCD group did not (control, 0.19 ± 0.03 mL/min/g; HCD, 0.12 ± 0.003 mL/min/g; HCD-R, 0.17 ± 0.02 mL/min/g) (Fig. 2B). There was no significant difference between the control and HCD-R groups.

**Microvascular reactivity**

Microvessels were isolated from fresh nonischemic myocardium and subjected to increasing concentrations of vasorelaxing agents in vitro. The baseline vessel diameters were not different between the groups (control, 159.2 ± 10.4 \( \mu \)m; HCD, 142.5 ± 10.5 \( \mu \)m; HCD-R, 138.4 ± 8.5 \( \mu \)m; \( p = 0.35 \)). The preconstricted vessel diameters were not different between groups (control, 94.0 ± 3.7 \( \mu \)m; HCD, 88.8 ± 8.4 \( \mu \)m; HCD-R, 78.4 ± 7.0 \( \mu \)m; \( p = 0.31 \)). There was no significant difference between the groups in relaxation responses to sodium nitroprusside (control, 94% ± 6%; HCD, 96% ± 4%; HCD-R, 97% ± 3%; \( p = 0.99 \)), ADP (control, 91% ± 5%; HCD, 84% ± 8%; HCD-R, 80% ± 4% at \( 10^{-4} \); \( p = 0.9 \)), substance P (control, 75% ± 2%; HCD, 82% ± 5%; HCD-R, 73% ± 5% at \( 10^{-7} \); \( p = 0.6 \)), or VEGF (control, 74% ± 4%; HCD, 61% ± 6%; HCD-R, 75% ± 6%; \( p = 0.2 \) not shown).

**Oxidative stress**

Protein oxidative stress, as measured by the levels of carbonyl groups introduced into proteins by oxidative reactions, was assessed. Levels of oxidation were significantly increased (1.3-fold) in the HCD group as compared with the control group. In the HCD-R group, the amount of oxidized protein was increased 1.6-fold as compared with the control group. When comparing HCD with HCD-R, the HCD-R group was 1.2-fold higher, but this difference was not statistically significant (Fig. 3).

**Protein expression**

**Metabolic proteins**

Sirt-1, a histone deacetylase and a primary target for resveratrol, was upregulated in the HCD-R group: 2.4-fold vs control and 2.1-fold vs HCD. There was no significant difference in the expression levels of peroxisome proliferator-activated receptor gamma coactivator 1-alpha (PGC-1\( \alpha \)) between the groups (Fig. 4). Activated AMP-activated protein kinase (AMPK) was upregulated in the resveratrol group as compared with the control (1.7-fold) and HCD (2.2-fold) groups. Carnitine palmitoyltransferase 1 (CPT-1) expression was increased in the HCD-R group.
group as compared with the control (3.3-fold) and HCD (3.1-fold) groups. Glucose transporter (GLUT)-1 expression was not significantly different between the groups. Myocyte enhancer factor-2 levels were not significantly different between the groups (Fig. 5A to D). There was no significant difference between the groups in the expression levels of GLUT-4 (p > 0.34) (not shown).

Angiogenic proteins
There was no significant difference in the expression levels of VEGF between the groups. Levels of activated nitric oxide synthase (phospho-eNOS [ser1177]) were elevated 1.5-fold in the HCD-R group as compared with both the control and HCD groups (Figs. 6A and B).

Vessel density measurements
Myocardium stained for CD31 demonstrated no differences in the density of endothelial cells between the groups. Myocardial sections costained for CD31 and Ki67 showed a significantly higher number of dividing endothelial cells in the control group (1.8 fold vs HCD and 3.2-fold vs HCD-R). There was no significant difference between the HCD and HCD-R groups (Figs. 6C and D).

DISCUSSION
In this swine model of chronic ischemia we examined the effects of resveratrol on the nonischemic myocardium remote from an ischemic territory. The HCD animals developed significant clinical MetS, which was mitigated with resveratrol supplementation. Regional LV systolic function was improved and blood flow during stress was increased in animals treated with resveratrol. Further, supplemental resveratrol affected a number of molecular pathways that may help the myocardium adapt to and compensate for ischemic stress.

Sirt-1 has long been thought to be a primary target of resveratrol and the key to its many metabolic effects. In this work, Sirt-1 was significantly upregulated in the HCD-R group. Many studies have examined the effects of resveratrol, but few, if any, have explored the effects in nonischemic myocardium remote from an ischemic insult. It is thought that nearby normal myocardium provides support to the injured area. Indeed, regional LV systolic function was increased in the normal territory and a number of downstream metabolic signaling pathways thought to be influenced by Sirt-1 were upregulated to support an increase in energy demand.

An energy-sensing protein, AMP-activated protein kinase (AMPK), described as a cellular “fuel gauge” in the myocardium, demonstrated increased levels of activity in the resveratrol treated group. Activated AMPK is upregulated during times of increased energy demand and results in ATP production. It is thought to be a primary target of resveratrol, and a recent study using mice with the enzyme knocked out showed none of the beneficial effects of the supplement. We demonstrated a similar increase in activated AMPK in ischemic myocardium in our swine model. This upregulation likely contributed to the improved regional LV systolic function. In addition, a recent study using H9c2 muscle cells showed that resveratrol-induced AMPK activation led to cellular protection from reactive oxygen species. So, increased AMPK may have provided protection to the cardiomyocytes in the setting of increased oxidative stress in the resveratrol-treated group.

A downstream target of AMPK, carnitine palmitoyltransferase 1 (CPT1), was also upregulated in the myocard-
dium remote from the ischemic territory. This enzyme is involved with fatty acid metabolism and facilitates the entry of long-chain fatty acyl-CoA into mitochondria for enhanced β-oxidation and ATP generation. This is an important step to increase energy levels in nonischemic myocardium in the setting of insulin resistance. In contrast, the ischemic myocardium is more dependent on glucose for energy production. Studies have shown that dysregulation of glucose metabolism during ischemia leads to greater cardiac dysfunction and possibly worse outcomes in patients. In our study of the ischemic myocardium we observed a significant increase in GLUT-4, a protein important in myocardial glucose metabolism and also regulated by AMPK, in resveratrol-treated animals. It is reasonable to assume that there is no pressure to enhance glucose uptake in the nonischemic myocardium, and may explain why there was no increase in GLUT-1, GLUT-4, or the upstream regulator MEF2.

Expression of PGC-1α, a transcriptional coactivator of metabolic pathways, was not significantly different between the groups. This enzyme has similar activity to AMPK, and also is often upregulated during cellular stress and involved with mitochondrial biogenesis to meet increased energy needs. Because there was no change in any of the groups it is possible that there is minimal stress on nonischemic myocardium, and therefore, no drive to increase expression. However, the activity level of this enzyme appears to be heavily dependent on post-translational modifications such as phosphorylation, methylation, and deacetylation. The extent, influencing factors, and resultant changes in activity due to these modifications are not well understood. In this work we did not measure these posttranslational changes, so it is not clear if the activity levels of PGC-1α were altered by MetS or by the addition of resveratrol.

In examining the angiogenic pathways we observed no difference in VEGF expression or endothelial cell density between the groups. This is not surprising because there is
likely little need to form new vasculature in nonischemic myocardium, and we have noted similar findings in previous work. We did note an increase in activated endothelial nitric oxide synthase (eNOS), a powerful vasorelaxer and proangiogenic protein. The significance of this is not clear because there was no increase in angiogenesis or microvascular relaxation responses to the drugs tested. Microvascular dysfunction is multifactorial and likely involves decreased levels of the vasodilator nitric oxide, increased levels of reactive oxygen species, and impaired vascular responses to local vasoactive substances. It is possible that vasorelaxation may have been occurring via pathways that were unmeasured. Further, in previous work by our group we demonstrated increased activated endothelial nitric oxide synthase, but a lack of angiogenesis, in the myocardium of our MetS swine model. The decrease in dividing endothelial cells was in agreement with our earlier work. We have shown that both MetS and resveratrol increase the elaboration of antiangiogenic proteins such as endostatin. Without a clear proangiogenic signal and likely strong antiangiogenic signals, it is not surprising that endothelial cell division is subdued. It is possible that in the resveratrol group there is less need to form new vessels in the setting of increased perfusion of the myocardium.

Limitations
There are several limitations of our study. First, it was performed in a porcine model of chronic myocardial ischemia. Although in most situations, the porcine coronary circulation is similar to the physiology and pathophysiology of the human coronary circulation, this may not be the case for resveratrol supplementation. The number of animals in each group was relatively small, and due to logistical and financial constraints, the control animals did not undergo functional MRI scans. In addition, the length of the study was limited to 11 weeks of diet modification and resveratrol supplementation. A longer study period may have allowed for further changes to take place, such as myocardial hypertrophy, ventricular remodeling, and changes in angiogenic signaling. Protein expression and microvascular reactivity

Figure 6. Angiogenic proteins. (A) Expression of VEGF was not different between groups at the completion of the experiment (p = 0.9). (B) Activated endothelial nitric oxide synthase (eNOS) was upregulated in the HCD-R group as compared with the control and HCD groups. The number of dividing endothelial cells in the nonischemic myocardium was significantly lower in the HCD and HCD-R groups as compared with the control in myocardium remote from the ischemic insult (*p = 0.01). (C) The density of endothelial cells in the nonischemic myocardium was not different between the groups (p = 0.5). (D) The number of dividing endothelial cells in the nonischemic myocardium was significantly lower in the HCD and HCD-R groups as compared with the control group (†p = 0.006). HCD, high cholesterol diet; HCD-R, high cholesterol diet with orally supplemented resveratrol; VEGF, vascular endothelial growth factor.
were measured at only one time point, and likely changed over time. Finally, the doses of resveratrol were much higher than those found naturally in foods and wine. It is uncertain if the dose found in naturally occurring products would produce similar results.

CONCLUSIONS
In an animal model of MetS and chronic ischemia, resveratrol supplementation improves regional LV systolic function and stress-related perfusion to the myocardium remote from an area of ischemia. A number of changes in cardiomyocyte metabolic proteins likely supported this improvement in function and blood flow. These findings suggest that resveratrol influences the remote normal territory and acts to compensate for the ischemic myocardium. A fuller understanding of how resveratrol affects the ischemic and nonischemic myocardium will be beneficial before large scale trials in humans are done.

Author Contributions
Study conception and design: Robich, Chu, Laham, Manning, Sellke
Acquisition of data: Robich, Chu, Burgess, Feng, Leber
Analysis and interpretation of data: Robich, Feng, Han, Nezafat, Laham
Drafting of manuscript: Robich, Chu, Burgess
Critical revision: Robich, Manning, Sellke

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